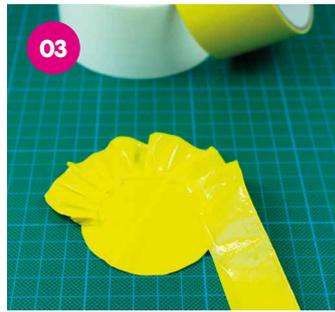
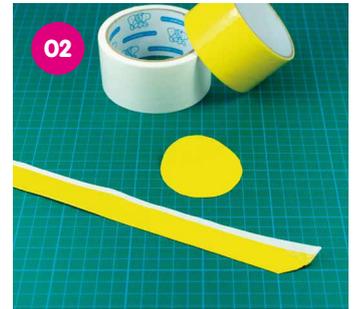
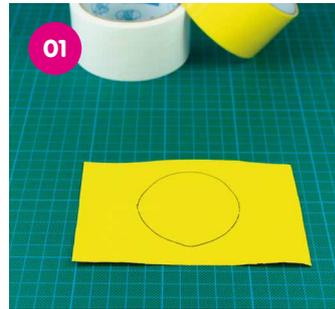




Ruffle Flower Cuff



SUPPLIES AND TOOLS:

- POPTape™: Loud Lemon, Polar White.
- 1 x 19mm Paper Fasteners or Scrapbooking Brads.
- Scissors/Craft Knife.

SKILL LEVEL: Intermediate

Step 1

To make the base for the flower, cut or tear an 8cm piece of Loud Lemon POPTape, and lay it sticky side up on your work surface. Tear another piece the same size and lay it, with a small overlap, sticky side up along the long edge of the first piece to create a rectangle. Tear 2 more pieces of Loud Lemon the same size and lay them over the first pieces, sticky sides together, to create a double sided yellow rectangle. Draw a 6cm circle and cut it out. Note: A 6cm circle makes a 10cm flower, make the circle larger or smaller depending on the size of the flower you want to make.

Step 2

To make the ruffles, cut or tear 2 x 30cm pieces of Loud Lemon. Fold each piece almost in half lengthways, sticky sides together, leaving a 5mm strip of sticky tape at the edge. Trim the ends into a curve as shown in the image. You will have 2 separate pieces.

Step 3

Start the first ruffle at the outside edge of your circle by attaching the tape and creating small folds at the sticky end of the tape as you press it onto the circle. Continue to create small folds as you attach the tape. Apply the tape all the way around the outer edge of the circle. Once you get

back to where you started the next layer will go all the way around the circle below the first layer, gradually work in a spiral towards the centre of the circle. When you have reached the end of the first piece of tape start the new piece so it overlaps the end of the previous piece. You will only need to do this with two pieces of Loud Lemon, the rest will also include Polar White as per Step 4.

Step 4

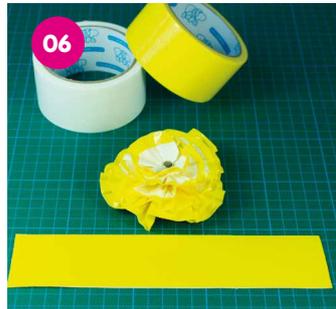
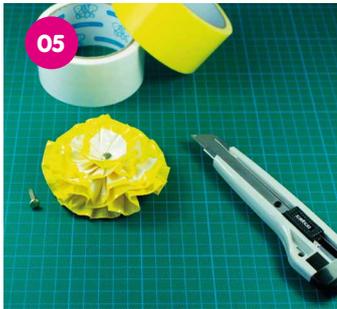
To add your contrasting colour Polar White to the ruffles in the centre of your flower, cut 2 x 30cm pieces of Loud Lemon and fold them exactly in half lengthways. Cut a 30cm piece of

Polar White and tear it lengthways down the centre so you have two narrow 30cm strips. Lay one strip of white on one yellow piece leaving 7mm of the yellow exposed. Repeat with the other 2 pieces of tape. The overlap on the other side should leave you with the sticky edge to continue with the ruffles. Start the new ruffles with an overlap on the previous ruffle and continue the ruffles in a spiral all the way to the centre of the flower. Once you get right to the centre you may need to trim the last piece of excess tape.





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Step 5

Once you have completed the ruffles use a sharp point or cutting tool to make a small hole through all the layers in the centre of the flower. Insert your paper fastener (or brad) into the hole.

Step 6

To make the cuff band, cut or tear two pieces of Loud Lemon POPtape long enough to go around your wrist with 6cm extra to allow for trimming and the join. Join the two pieces sticky sides together to create a double sided yellow band. Trim the ends if required.

Step 7

To attach your flower to the cuff band, find the centre point on your band and push the paper fastener at the back of your flower through to the other side, open the pins at the back to hold it in place. Cover the pins on the paper fastener (or brad) with a piece of Loud Lemon POPtape to conceal the sharp edges.

Step 8

To finish and join your cuff, tear or cut a small piece of Loud Lemon POPtape to join the two ends of the cuff once it is on your arm. You can open and close your cuff as many times as you like with the same strip of tape.